

# Life Chance.

Care • Nurture • Inspire

## Trauma Responsive Practice in Education

Dates

Time

Venue

To Book

Cost

# Trauma Responsive Practice in Education

Schools are reporting an increase in the number of children displaying signs of mental health difficulties and trauma.

Poor attendance, disruptive behaviour and disengagement with school can be a cause of emotional, behavioural, or educational challenges, rooted in trauma and adverse childhood experiences (ACE).

To understand the difficulties faced by traumatised children in school, teachers and education professionals must be equipped with the tools to help children manage the impact of their trauma.

This four-day course (over 2 terms) is designed to support you and your school develop a more trauma responsive approach to best support your students.

## This course will help you to:

- Understand the impact of childhood trauma on social, emotional and physical health.
- Support children affected by trauma and encourage academic achievement.
- Implement methods to support children's mental health, improve their attendance and restore their ability to reach their potential.
- Progress your school from trauma informed to trauma responsive.

## Course led by:

- Mark Escott
- Jules Sanders
- Victoria Escott

## Guest speakers:

- Dr Helen Bellfield - Consultant Clinical Psychologist
- Life Chance Care - Multi-Disciplinary Team
- Life Chance Care - Trauma Recovery Practitioners

## This course is for:

- Anyone working in an educational setting who wants to improve their understanding of the impact of trauma on students' mental health.



“We help children with poor attachments to develop their sense of belonging, which leads to greater engagement and progression.”

Pete Jenkins,  
Executive Principal,  
School for Inspiring Talents.

## Programme Content

### Day 1

#### Introduction to the science of trauma aware practice:

- Define Adverse Childhood Experiences and their significance to children's development and learning
- Demonstrate an understanding of the human brain development and the impact of trauma
- Recognise the brain as a Social Organ and evaluate current thinking about the neurobiology and importance of social relationships in healing trauma

### Day 2

#### Equipping staff working with vulnerable students to risk assess:

- Identify and define clinical risks
- Assess the severity and likelihood of potential risk incidents
- Develop a recovery oriented care plan to manage identified risks

### Day 3

#### Developing trauma responsive behaviour care plans and support systems:

- Evaluate how this knowledge impacts on your practice as an Educator and
- Begin to adapt and develop how you work with children in your setting
- Explore and develop trauma responsive school systems

### Day 4

#### Recap and moving forward: How to support, supervise and care for staff who are supporting vulnerable students:

- How to prevent vicarious trauma
- Clinical supervision in education
- Peer to peer Support

## Training delivered by trauma specialists

This training is delivered by the award-winning School for Inspiring Talents.

Its multi-disciplinary care team will share real life case studies from their work on the front line, supporting children's transformation within an educational setting.

 School for  
Inspiring Talents

# About the trainers



## Mark Escott

**Mark Escott is the Co-Founder of Life Chance and School for Inspiring Talents; an award-winning therapeutic education provider that specialises in working with young people and families who have experienced trauma.**

Mark's own troubled childhood has given him a unique understanding of the world he now works in. Despite a turbulent start in life, he went on to carve out an impressive career as a child and adolescent behaviour specialist, working therapeutically with young people and families within the Social Care, Health and Education sectors.

In 2011 he decided to follow his true vocation and set up Life Chance, and School for Inspiring Talents, an innovative independent therapeutic school based in Devon. Hugely successful, it was the first school in the UK to be awarded the **Trauma and Mental Health Informed Schools Award**.

In 2019, Life Chance received the **373 Business Award for greatest Social Impact across Devon and Somerset**. Mark has also been awarded the **Outstanding Contribution to Young People Award 2020**.

Today, Life Chance continues to expand its education, training, and outreach services to transform the life chances of children and young people in our communities.

Mark recently became a best-selling author with the launch of his book *'One More Life Chance'*.



## Jules Sanders

**Jules Sanders is the manager of Life Chance's Multi-Disciplinary Team (MDT) of therapists and clinicians, and a Trauma Informed Schools UK (TISUK) senior trainer.**

She has over 15 years' experience as a qualified primary teacher and SENDCo supporting children with Special Education Needs and Disabilities (SEND) specialising in inclusion, behaviour and emotional wellbeing.

In recent years Jules has been the team manager within the Child and Adolescent Mental Health Service (CAMHS), and a Lead for the Targeted Mental Health in Schools (TaMHS) Team in Plymouth. She has also held responsibility for the Primary Mental Health Work (PMHW) Team and the Infant Mental Health (IMH) Team.

Jules holds additional qualifications in Family Therapy, Cognitive Behaviour Therapy, Counselling, and is a qualified Strengthening Families Programme facilitator.

# About the trainers



## Victoria Escott

**Victoria Escott is a therapist in private practice specialising in trauma and addiction and is a senior trainer at Life Chance. Her own experience of childhood trauma has influenced her career and she is passionate about helping children and families to overcome intergenerational trauma.**

Victoria qualified as a Person-Centred counsellor in 2005 and furthered her training in addiction counselling at the University of Bath in 2010. Victoria has 16 years' experience of working as a counsellor, manager, supervisor and trainer in both charities and the NHS. In her spare time she volunteers for a Devon-based charity providing bereavement support to children.

In more recent years Victoria has worked alongside her husband Mark creating the vision for Life Chance and School for Inspiring Talents, whilst furthering her training and knowledge in trauma to become a certified Trauma Therapist. She is now particularly interested in how traumatic memories are stored in the body and brain and is training in EMDR Therapy, which is an advanced psychotherapy used to treat trauma and post-traumatic stress.

# Transforming life chances in our communities.

Life Chance provides training and consultancy for those who work with children suffering from adverse childhood experiences. Our growing chain of award winning independent therapeutic day schools deliver high quality care for young people who have experienced childhood trauma.

“All members of my team should attend!”

“Thank you...I go to a lot of courses, but I am leaving feeling refreshed and really excited.”

“Inspired! I Would recommend to everyone who works with children to attend.”