

# Life Chance.

Care • Nurture • Inspire

## Resetting - Team and Personal Performance

### Dates

Day 1: Thursday 7th April

Day 2: Friday 8th April

### Time

9.00am - 4.30pm

### Venue

Life Chance HQ,  
Newton Abbot

### To Book

email: [info@lifechance.org.uk](mailto:info@lifechance.org.uk)

### Cost

£165 members  
£195 non-members

# Resetting - Team and Personal Performance

## Peak Performance Principles

Schools and organisations have had to adapt and innovate due to Covid-19, following new working practices under unparalleled pressure. Leaders have had to make decisions, lead teams, and manage people under circumstances they never could have imagined.

In addition, we have seen the shift away from the traditional autocratic style of leadership towards a **more collaborative approach** of fostering greater teamwork, productivity, innovation, and creativity.

The combination of extraordinary challenges in the education sector, with the need to cultivate and support our teams, means that it has never been so important to evaluate our personal and team performance.

This **Resetting - Team and Personal Performance Workshop** via Peak Performance Principles is designed to support you develop a high-performance model of excellence to lead your team through future challenges.

### This workshop will support you to:

- Evaluate and reset your own personal leadership style
- Examine the broad landscape of leadership in multiple ways
- Explore exemplary leadership styles
- Discover how to create high performing teams
- Leave with new ideas, tools, views, and relationships
- Design a 30-day achievement plan for your setting

### Course led by:

- Johnny Tenn - Peak Performance Coach

### This course is for:

- Anyone working in an educational setting who wants to develop their personal and team performance

## Workshop Content

### Days 1 and 2

- Face-to-face workshop exploring the principles of peak performance
- An in-depth programme of reflective, practical exercises to help you define your own attributes, and those of others to help reset performance levels
- Discover new and imaginative ways to lead within an educational setting

### 90 Minute Online Follow Up Session

- A critical part of development training is to review its implementation in a real-life context.
- This follow-up session will help you identify how your leadership plan has been embedded in your setting and give you the opportunity to reflect on your goals.



## Training delivered by specialists

This training is delivered by the award-winning School for Inspiring Talents.

Its team will share real life case studies from their work on the front line, supporting children's transformation within an educational setting.



School for  
Inspiring Talents

# About the trainer



## Johnny Tenn

**Johnny has been working in the field of training, consulting, talent development and high-level Peak Performance Coaching for over three decades.**

He delivers transformative team building and leadership training programmes for organisations, and coaches a number of prominent business and sports people. As part of his on the court credentials, Johnny has coached, facilitated, tutored and led development workshops to over 70,000 people globally, coached the British Gymnastics team, a World team Gymnastics Champion, and has consulted on many large scale International projects, including Chairman, CEOs and Director level staff.

Johnny has designed and delivered a large (all through) school staff Leadership programme, which included one-to-one performance coaching with Senior staff and the CEO.

Johnny is currently delivering large scale personal development workshops in UK Universities, Harman Senior Leadership team Europe, and Life Chance Education (Devon). Johnny is the mind coach to the world Muay Thai boxing World Champion, a young football Academy player at Rotherham United FC, the CEO of Beaford ARTS, and a number of other business owners.

His vision is to create learning environments that support people and organisations to fulfil their full potential.

# Transforming life chances in our communities.

Life Chance provides training and consultancy for those who work with children suffering from adverse childhood experiences. Our growing chain of award winning independent therapeutic day schools deliver high quality care for young people who have experienced childhood trauma.

“Thank you...I go to a lot of courses, but I am leaving feeling refreshed and really excited.”

“All members of my team should attend!”

